A Fresh Look at Heel Anatomy

Deep within the hoof capsule, a single convergence point of the wall laminae, bar laminae, and sole corium marks the anatomical heel. This area is essentially the "internal seat of corn". Common anatomical variations occur with different heel shapes.

Meticulously taken images will help us explore how these structures can be affected and change shape by various factors, such as load on the hoof, compensatory stance, conformation, and environment. Exploring some of the most common changes may provide a better understanding of how to effectively trim various heel types.





Use the converter to find your local time. Visit the webinar instruction page for more info.

TYPE Webinar

WITH Paige Poss

WHEN Oct 12, 2025 - 11:00 am (EDT)

COST \$50, \$90 nonmember

CREDITS 3

STATUS Active

RECORDING AVAILABLE for 6 months

All clinics

Wear Patterns, What They Really Mean – Part 1

Wear Patterns, What They Really Mean – Part 2

Anatomy, Trimming and Hoof Protection – Tennessee

Reading Radiographs for the Hoof Care Practitioner

Documenting Hoof Rehabilitation

Advanced Anatomy and Radiographs – Tennessee

WTF - What the founder?

Sustaining Your Hoof Care Business

Off to a Good Start: Trimming Foals

Trimming Donkeys:



Paige Poss has dedicated over 25 years to the hoof care industry, where she specializes in trimming horse hooves, conduction distal limb anatomy studies, and creating educational materials. Holding a BS degree in Animal Science from North Carolina State University, Paige initially ventured into the field as a lab tech at various research facilities. However, her journey took a turn in 1999 when a lame horse ignited her passion for hoof care. In collaboration with her business partner, Jenny Edwards, Paige cofounded Anatomy of the

Equine, LLC, a platform that publishes and sells education materials tailored for farriers and veterinary professionals. Paige's unique approach blends her love for photography, science, anatomy and art. Her fascination with hoof and horse anatomy has led her to dissect and photographically document hundreds of lower legs and even whole horses.

Her most impactful dissection images, to date, focus on the palmar digital nerve as it descends deep into the hoof capsule. In 2020, Paige stepped back into the academic field and was asked to set up and manage the anatomy lab at the new University of Arizona College of Veterinary Medicine. She worked in this lab from 2020-2022 before returning to trimming and lecturing independently. As of 2024, Paige has delved into researching Equine Metabolic Syndrome as a lab tech at the University of Arizona. Paige's unwavering commitment to understanding hoof mechanics, coupled with her technical skills, positions her as a trailblazer in the industry. Her dissections and clinics provide a creative and encouraging platform for others to explore hoof mechanics.

Trimming Protocol, Hoof Distortion, and Laminitis

Anatomy, Trimming and Hoof Protection – Florida

Feeding Performance Horses

Hands-on Reading Radiographs for the Hoof Care Practitioner

Anatomy, Trimming and Hoof Protection – New York

Recognizing and Understanding the Role of Pain in Structural and Functional Asymmetries

Advanced Anatomy and Radiographs – Colorado

Anatomy, Trimming and Hoof Protection – California

Feeding Pregnant and Growing Horses

The Smart Way to Feed Horses

Anatomy, Trimming and Hoof

MANAGE CONSENT

of

Advanced Anatomy and

Radiographs – Quebec Feeding for Special Needs

Starting Your Hoof Care Business

Hyperinsulinemia, Laminitis, and PPID: Diagnosis and Management

How to Create and Manage Your Track System

Limb Conformation, Body Posture and Hoof Capsule Distortions

Collaboration Between Hoof Care Professionals & Equine Bodyworkers

Dr. Bowker on Sound versus Healthy Hooves

Changes in Coffin Bone Structure and Influence of Through her passion for teaching, Paige creates powerful images that not only educate but also inspire a deeper appreciation for the intricate world of horse anatomy. Paige continues to actively participate in clinics and speaking engagements, sharing her wealth of knowledge and experience. Currently residing in the Sonoran Desert in Tucson, AZ, Paige shares her home with her husband, cats, dog and horses.

Sign up



\$50.00 - \$90.00

Participant status

Choose an option

1

ADD TO CART

Trimming

Dr. Tomas Teskey on the Equine Dental-Body Connection

Choosing and Fitting Hoof Boots

EMS (IR) and PPID: Diagnosis and Management

Paige Poss Explores Hoof Distortions and Hoof Related Pain

Utilizing Hoof Imaging in your Trimming Decisions

Equine Biosecurity; It's All About Prevention

Genetics of Equine Metabolic Syndrome and Laminitis Risk

Basics of Reading Radiographs

NRC Plus

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Cushing's and Insulin Resistance

All of our educational offerings are open to the public.